

# The Get To Principle™

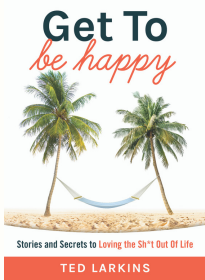
## STEP INTO YOUR POWER

**Do your students need an attitude boost to help them with the usual stressors of campus life? Would you like to show them a quick and simple way to up their game and shift their mindset with life-changing results?**

Leadership\* Student Orientation  
Keynotes\* Assemblies

Topics Include:

- \*The Get To Principle- The Greatest Happiness App You'll Ever Download
- \*Kick Your Stress to the Curb- 5 Happiness Tips to Make the Every Day College Experience Enjoyable
- \*Open Up Your Mind- Clarity For Today, For Tomorrow, and For the Rest Of Your Life
- \*Depression Buster- The Mind-Shift that Will Lift You Up and Out



"I really loved this book. Get To Be Happy is accessible, digestible, and practical. It's a powerful reframe for anyone struggling to come to a new perspective."

– John “Roman” Romaniello, New York Times Best-Selling Author

Ted's book, Get to Be Happy: Stories and Secrets to Loving the Sh\*t Out of Life, is available nationwide and on Amazon.com



TED LARKINS

AUTHOR, TRAINER,  
SPEAKER

**Ted Larkins, best-selling author, trainer, and speaker, developed the *Get To Principle*, which gives students the ability to say “I get to,” as opposed to “I have to!” This simple tool opens the door and paves the way for better grades, more energy, better relationships, enhanced decision making and an improved overall campus experience.** Ted holds a bachelors degree in business administration and developed a leading entertainment licensing company representing major movie studios including **Paramount Pictures, Sony Pictures and 20th Century Fox.** He's worked with Jon Bon Jovi, Jack Nicklaus, Mariah Carey, Celine Dion and many others. Through this life journey Ted discovered a common thread: happiness is never found where we think it is, or where we think it should be. Ted's principles are shifting the way students approach their everyday thought processes and the outcome is transforming lives. This is what students are saying:

***"Absolutely life changing."*** Sydney - Arizona State

***"The impact this has cannot be put into words."***  
David -- Ithaca College

***"I would highly recommend this book to everyone."*** Carina - NYU



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