



Ted Larkins

Want to find happiness in every moment?

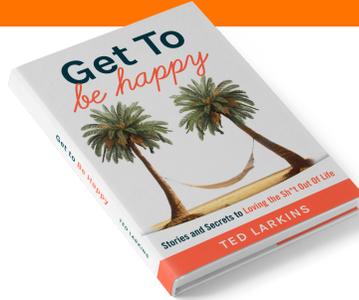
HOW A SIMPLE SHIFT IN TWO WORDS CAN CHANGE YOUR LIFE

Ted Larkins, best-selling author, trainer and speaker, co-developed a leading entertainment licensing company representing major movie studios including **Parmount Pictures, Sony Pictures and 20th Century Fox**. He's worked with Jon Bon Jovi, Jack Nicklaus, Mariah Carey, Celine Dion and many others. Through this life journey he discovered a common thread: **happiness is never found where we think it is.**

Through his book and keynote talks, Ted shares the powerful **Get To Principle**, the ability to say "I Get to" as opposed to "I have to!" Ted's principles are changing the way audiences approach their everyday thought processes, and the outcome is life-changing.

*Ted's book, **Get to Be Happy: Stories and Secrets to Loving the Sh*t Out of Life**, is available nationwide and on Amazon.com*

Ted has appeared on multiple TV, radio and podcast programs: **FOX News, WGN Radio Chicago, WWDB Brian and Lee Radio Show, KQRS Minneapolis Tom Bernard Show, Michael S. Robinson Show, KHTS 98.1 Ron Tunick Show**. He is a guest lecturer at UCLA, NYU and other locations.



90+, 5-star reviews on Amazon

★★★★★ **Changed my life!**
By **Sydney Torrence** on April 10, 2018
Format: Paperback

★★★★★ **Authentic, genuine & uplifting**
By **TAS** on January 23, 2018
Format: Paperback | **Verified Purchase**

After meeting Mother Teresa, partying with Bon Jovi, experiencing the death of his business partner and the loss of his daughter, Ted has come to an understanding of life that is absolutely transformational. Instead of saying I "have to", say I "Get To" and *step into your power.*

Show and Story Ideas

- What do you "Get To" do today? Turn your 'to do' list into a "Get To" list and witness transformational power
- 4 Myths about happiness that keep too many of us unhappy
- Learn the 4 keys to contentment and experience joy at will
- Introducing the 6th Stage of Celebration - the journey from grief to happiness
- Being a celebrity isn't a guaranteed ticket to happiness. I've met several and discovered why
- Want happier kids? Teach the "Get To" mindset
- Transform your dull office with a "What do I have to do today?" mindset, to genuine excitement with "What do we "Get To" do today?"
- We're living in the age of mindfulness – what is it and what are the 3 ways to make the shift?

Contact: Ted Larkins · 818-261-8262 (Los Angeles)
www.tedlarkins.com · ted@tedlarkins.com
[instagram.com/gettobehappy](https://www.instagram.com/gettobehappy) · [facebook.com/gettobehappy](https://www.facebook.com/gettobehappy)
twitter.com/gettobehappy
 Skype: [Sunted62](https://www.skype.com/user/Sunted62)